

Henriette Knold Rossau  
PhD fellow

Section of Social Medicine

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## Short presentation

I am currently employed as a PhD fellow at Section for Social Medicine with the Department for Public Health at University of Copenhagen. I completed my Master of Science in Public Health from University of Copenhagen in 2012 and since worked with research within complex interventions. I have broad experience within both qualitative and quantitative methods and find great value in combining them.

My primary research interest is complex interventions and the methods used to develop and evaluate them.

## Qualifications

Public Health Science, MSc Public Health, University of Copenhagen

1 Sep 2008 → 26 Jun 2012

Award Date: 26 Jun 2012

Public Health Science, BSc Public Health, University of Copenhagen

1 Sep 2005 → 27 Jun 2008

Award Date: 27 Jun 2008

## Employment

### PhD fellow

Section of Social Medicine

København K, Denmark

1 Apr 2021 → nu

### Academic Consultant

REHPA - Videncenter for Rehabilitering og Palliation

Nyborg, Denmark

1 Jul 2019 → 31 Mar 2021

### Academic Employee

REHPA - Videncenter for Rehabilitering og Palliation

Nyborg, Denmark

1 Jul 2018 → 30 Jun 2019

### Research Assistant

REHPA - Videncenter for Rehabilitering og Palliation

Nyborg, Denmark

1 Dec 2014 → 30 Jun 2018

### Research Assistant

Statens Institut for Folkesundhed, SDU

København K, Denmark

15 May 2013 → 15 Sep 2013

### Project Employee

Sex og samfund

Denmark

1 Nov 2012 → 14 May 2013

## Research outputs

### **Barriers and facilitators to cancer rehabilitation for patients with head and neck or lung cancer—a scoping review mapping structural and healthcare professionals' perspectives**

Navntoft, S., Andreasen, J., Petersen, K. S., Rossau, Henriette Knold & Jørgensen, L., 2023, (Accepted/In press) In: Disability and Rehabilitation. 13 p.

### **Effectiveness of a community-based support programme to reduce social inequality in exclusive breastfeeding: study protocol for a cluster-randomised trial**

Rossau, Henriette Knold, Nilsson, I. M. S., Busck-Rasmussen, M., Ekstrøm, Claus Thorn, Gadeberg, Anne Kristine, Hirani, J. C., Strandberg-Larsen, Katrine & Villadsen, Sarah Fredsted, 2023, In: BMC Public Health. 23, 1, 14 p., 450.

### **Breastfeeding trajectories of young and short-term educated mothers and their partners: experiences of a journey facing tailwind and headwind**

Nilsson, I., Busck-Rasmussen, M., Rossau, Henriette Knold & Villadsen, Sarah Fredsted, 2022, In: Midwifery. 113, 9 p., 103436.

### **Cancer rehabilitation and palliative care for socially vulnerable patients in Denmark: an exploration of practices and conceptualisations**

Nissen, N., Rossau, Henriette Knold, Pilegaard, M. S. & la Cour, K., 2022, In: Palliative Care and Social Practice. 16, 14 p.

### **Daily living and rehabilitation needs in patients and caregivers affected by myeloproliferative neoplasms (MPN): A qualitative study**

Rossau, Henriette Knold, Kjerholt, M., Brochmann, N., Tang, L. H. & Dieperink, K. B., 2022, In: Journal of Clinical Nursing. 31, 7-8, p. 909-921 13 p.

### **Implementation of systematic screening for anxiety and depression in cardiac rehabilitation: Real world lessons from a longitudinal study**

Egholm, C. L., Helmark, C., Rossau, Henriette Knold, Munkehøj, P., Brøndum, S., Pedersen, S. S. & Zwisler, A. D., 2022, In: Journal of Psychosomatic Research. 158, 9 p., 110909.

### **Rehabilitation and palliative care for socioeconomically disadvantaged patients with advanced cancer: a scoping review**

Sampedro Pilegaard, M., Rossau, Henriette Knold, Lejsgaard, E., Kjer Møller, J. J., Jarlbaek, L., Dalton, Susanne Oksbjerg & la Cour, K., 2021, In: Acta Oncologica. 60, 1, p. 112-123 12 p.

### **National kortlægning af hjerterehabilitering: metodebeskrivelse. Bilagsnotat**

Ravn, M. B., Rossau, Henriette Knold, Mikkelsen, T. B. & Egholm, C. L., 26 Jun 2020, 61 p.

### **Communication about Complementary and Alternative Medicine in Danish Oncological Settings: An Intervention Study**

Nissen, N., Laursen, S. S. & Rossau, Henriette Knold, 2020, In: Complementary Medicine Research. 27, 6, p. 392-400 9 p.

### **Effect of Home-Based Cardiac Rehabilitation in a Lower-Middle Income Country: RESULTS from A CONTROLLED TRIAL**

Uddin, J., Joshi, V. L., Moniruzzaman, M., Karim, R., Uddin, J., Siraj, M., Rashid, M. A., Rossau, Henriette Knold, Taylor, R. S. & Zwisler, A. D., 2020, In: Journal of Cardiopulmonary Rehabilitation and Prevention. 40, 1, p. 29-34 6 p.

### **National kortlægning af hjerterehabilitering på tværs af sektorer: metodebeskrivelse**

Ravn, M. B., Rossau, Henriette Knold, Mikkelsen, T. B. & Egholm, C. L., 2020

### **The REHPA Vulnerability Study Community-based rehabilitation and palliative care for socially vulnerable people with advanced cancer**

Pilegaard, M. S., Jarlbaek, L., Rossau, Henriette Knold, Møller, J., Timm, H. & Cour, K. L., 2019.

### **Dietary interventions in cardiac rehabilitation – The gap between guidelines and clinical practice**

Kristensen, M. B., Dieperink, K. B., Rossau, Henriette Knold, Egholm, C. L., Viggers, L., Bertelsen, B. & Zwisler, A. D., 2018, In: Clinical Nutrition ESPEN. 27, p. 120-126 7 p.

### **Fra plan til praksis: En undersøgelse af kompetenceudvikling som led i implementering af behovsvurdering**

Rossau, Henriette Knold, Mikkelsen, T. B., Hansen, B. C., Vinther, K., Thisted, L. B., Lund, W. & Thuesen, J., 2018, 58 p.

### **Implementation of a politically initiated national clinical guideline for cardiac rehabilitation in hospitals and municipalities in Denmark**

Lindström Egholm, C., Rossau, Henriette Knold, Nilsen, P., Bunkenborg, G., Rod, M. H., Doherty, P., Bartels, P., Helmark, L. & Zwisler, A. D., 2018, In: Health Policy. 122, 9, p. 1043-1051 9 p.

### **Tværasektorielt samarbejde og behovsvurdering i forbindelse med rehabilitering og palliation til mennesker med kræft**

Rossau, Henriette Knold, Mikkelsen, T. B. & Thuesen, J., 2018, 20 p.

### **Patient education in the management of coronary heart disease**

Anderson, L., Brown, J. P. R., Clark, A. M., Dalal, H., Rossau, Henriette Knold, Bridges, C. & Taylor, R. S., 2017, In: Cochrane Database of Systematic Reviews. 2017, 6, CD008895.

### **Patientuddannelse til hjertepatienter: en forundersøgelse med fokus på Region Midtjylland**

Rossau, Henriette Knold, 2017, 32 p.

### **Screening for angst og depression blandt hjertepatienter: hvorfor og hvordan?**

Rossau, Henriette Knold & Munkehøj, P., 2017, 24 p.

### **Rehabilitering og kræft: et skridt videre: Konferencerapport fra d. 10. februar 2016 på Nyborg Strand i samarbejde med Kommunernes Landsforening og Kræftens Bekæmpelse**

Tolstrup, L. K., Rossau, Henriette Knold & Haastrup, A. F., 8 Jul 2016, 65 p.

### **Dansk Hjerterehabileringsdatabase: Strukturelle forhold i 2015 samt opgørelse af patientgrundlag for – og kodeaktivitet i relation til rehabiliteringsydelser opgjort fra Landspatientregistret i 2014**

Zwisler, A. D. O., May, O., Prescott, Eva, Eichhorst, R., Foghmar, S., Kvist, B., Christensen, B., Gustafsson, I., Andersen, U. O., Thomsen, K. K., Viggers, L., Larsen, M. L., Hansen, L. B., Bojesen, Stig Egil, Graversen, H. P., Cerqueira, C., Nakano, A. & Rossau, Henriette Knold, 13 Jun 2016, 49 p.

### **Fulfillment of national recommendations for cardiac rehabilitation in hospitals and municipalities in Denmark: mapping change after launch of a new guideline**

Egholm, C. L., Rossau, Henriette Knold & Zwisler, A. D. O., 2016.

### **The Danish Cardiac Rehabilitation Database**

Zwisler, A., Rossau, Henriette Knold, Nakano, A., Foghmar, S., Eichhorst, R., Prescott, Eva, Soares Cerqueira, C. E., Soja, A. M. B., Gislason, Gunnar Hilmar, Larsen, M. L., Andersen, U. O., Gustafsson, I., Thomsen, K. K., Boye Hansen, L., Hammer, S., Viggers, L., Christensen, B., Kvist, B., Lindström Egholm, C. & May, O., 2016, In: Clinical Epidemiology. 8, p. 451-456 6 p.

### **Følge-op 2014: patienter under 78 år: notat**

Lehn, S., Jekes, I., Rossau, Henriette Knold, Zwisler, A. D. O. & Thygesen, L., 4 Nov 2015

### **Alment praktiserende lægers holdning til Opfølgende Hjemmebesøg efter ændring af screeningsprocedurer: pilotundersøgelse baseret på interviews**

Rossau, Henriette Knold, Jekes, I., Thygesen, L. & Zwisler, A. D. O., 11 Mar 2015, 19 p.

### **Opfølgende Hjemmebesøg i Region Sjælland: Implementering 2014. Registerbaseret opgørelse**

Lehn, S., Jekes, I., Rossau, Henriette Knold, Zwisler, A. D. O. & Thygesen, L., 2015

**Implementering af Dansk Hjerterehabileringsdatabase i Region Sjælland**  
Rossau, Henriette Knold, Helmark, C. & Zwisler, A. D. O., 20 Aug 2013